



SYMPOSIUM

Science and Health in Football

Monday
29 Aug 2022
9:00 - 16:00



Tagungsraum 20
Landessportverband
Saarland



International experts for training load in football

Franco Impellizzeri University of Technology Sydney
Unravelling confusion around training load & measures

Andrea Riboli Università degli Studi di Milano
Prescribing ball drills to prepare for physical & technical match demands in elite football

Liam Anderson University of Birmingham
Physical loading, performance & adaptation in professional football players: implications for carbohydrate periodisation strategies

Kruno Banovcic German FA (DFB)
Load management in national team football - a practical perspective

Alan McCall Arsenal Football Club
Preventing injuries in football: Are we getting anywhere?

30 min Presentations
15 min Discussion



Registration €70 (Students €50)
Online participation €35

